

## An Initiative of The Flagstaff Group



## A checklist of what to put in your backpack for emergencies.









Torch (with batteries)



Radio (with batteries)









Money

Water







Protective clothing

Medications









Mobile phone and charger









Face mask and sanitiser

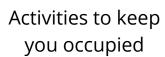
**Emergency Contact List** 



## An Initiative of The Flagstaff Group









Snacks



**Toiletries** 





Add any additional items you will need to take with you in an emergency.